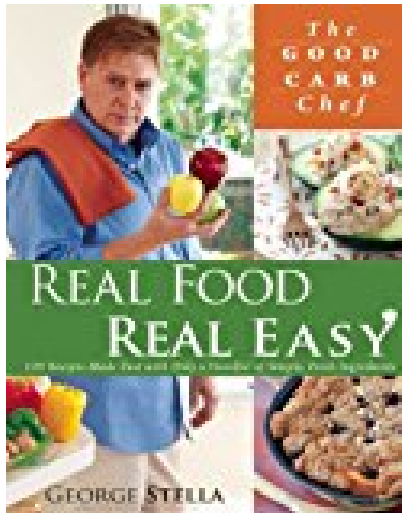


Real Food Real Easy



BOOK DETAILS

- Author : George Stella
- Pages : 208 Pages
- Publisher : Dynamic Housewares
- Language : English
- ISBN : 098418872X

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BOOK SYNOPSIS

Provides customized recipes for healthy dishes which use a small number of fresh ingredients, incorporating the authors concept of "good carbs," with advice on cooking techniques and a special section on slow cooker cookery.

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